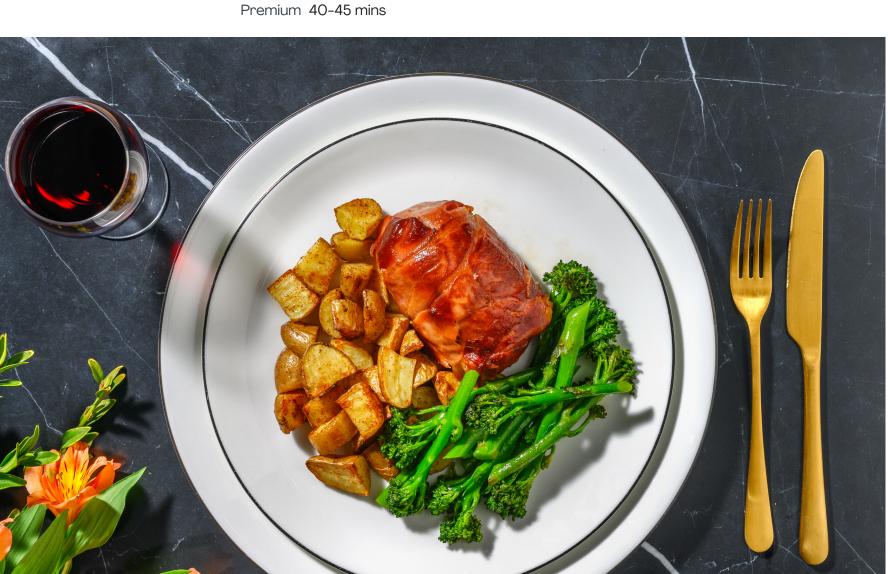


Serrano Wrapped Chicken in Sage Butter

with broccolini and roast potatoes











Chicken Breast





Grated Italian Style Hard Cheese

Baby Potatoes







Broccolini

Central American Style Spice Mix



Before you start

Our fruit, veg and herbs need a wash before you use them!

We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need

Baking sheet with baking paper, pan with lid

Ingredients

	2P	4P
Chicken Breast	320 g	640 g
Serrano Ham	65 g	130 g
Grated Italian Style Hard Cheese	25 g	50 g
Baby Potatoes	400 g	800 g
Broccolini	150 g	300 g
Central American Style Spice Mix	1 sachet	2 sachets
Sage	10 g	20 g

Nutrition

	Per serving	Per 100g
for uncooked ingredients	379.5 g	100 g
Energy (kJ/kcal)	1564.8 kJ/ 374 kcal	412.3 kJ/ 98.6 kcal
Fat (g)	8.4 g	2.2 g
Sat. Fat (g)	3.9 g	1 g
Carbohydrate (g)	31.3 g	8.2 g
Sugars (g)	2.5 g	0.7 g
Protein (g)	42.1 g	11.1 g
Salt (g)	0.7 g	0.2 g

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

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Roast the Potatoes

- Preheat the oven to 240°C/220°C fan/gas mark 9.
- Halve the potatoes lengthways (quarter any larger pieces). Pop them onto a lined baking tray.
- Drizzle with oil, season with Central American spice mix, salt and pepper then toss to coat.
- Spread out in a single layer. When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.

TIP: Use two baking trays if necessary.



Get Prepped

- Pick sage leaves.
- Trim the bottom 2cm from broccolini.
- Lay chicken on a chopping board. Place hand flat on top. IMPORTANT: Wash hands and equipment after handling raw chicken.
- Slice horizontally until there are 2cm left (don't cut all the way through). Open it up like a book.

TIP: Notice a stronger smell from your chicken? Don't worry, this is due to vacuum packing used to keep it fresh and is normal. It will still be delicious once cooked!



Wrap the Chicken

- Drizzle the **chicken** with **oil** and season lightly with **salt** and **pepper**.
- Divide the **cheese** between the **chicken breasts**, pressing down firmly so it adheres.
- Carefully roll the **chicken** up, encasing the filling.
- Wrap the serrano ham tightly around the chicken.



Fry the Broccolini

- Place a pan over medium-high heat with a drizzle of oil.
- Once hot, add the broccolini and season with salt and pepper.
- Fry for 2-3 mins then add a splash of **water** and cover with a lid or some foil.
- Cook until the **broccolini** is tender, 4-5 mins.
- Once cooked, remove from the pan and cover to keep warm.



Cook the Chicken

- Return the pan to medium-high heat with a drizzle of oil.
- Fry the **chicken**, seam-side down, until golden brown, 4-5 mins each side.
- Add a splash of water, cover and cook for 8-10 mins.
 IMPORTANT: Chicken is cooked when no longer pink in the middle.
- Shift the chicken to one side of the pan. Add 3 tbsp butter (double for 4p) to the empty side and melt.
- Fry the **sage** in the **butter** until crispy, 2-3 mins. Baste the **chicken** in the **sage butter**.



Finish and Serve

- Serve the serrano ham wrapped chicken with the roast baby potatoes and pan-fried broccolini alongside.
- Drizzle any remaining sage butter over the chicken.

Enjoy!