

# Mexican Style Cheesy Beef Hash with freshly made guacamole

Family 40-45 mins



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#### Before you start

Our fruit, veg and herbs need a wash before you use them!

We recommend reading the recipe in full before beginning to cook.

### Cooking tools you will need

Baking sheet with baking paper, grater, oven dish

# Ingredients

	2P	4P
Baby Potatoes	400 g	800 g
Bell Pepper	1 unit	2 units
Garlic	2 units	4 units
Beef Mince	250 g	500 g
Mexican Style Spice Mix	1 sachet	2 sachets
Beef Stock	1 sachet	2 sachets
Avocado	1 unit	2 units
Grated Cheese Mix	50 g	100 g
Passata	1 pack	2 packs
Lemon	1 unit	2 units

### Nutrition

	Per serving	Per 100g
for uncooked ingredients	717 g	100 g
Energy (kJ/kcal)	3293.5 kJ/ 787.2 kcal	459.3 kJ/ 109.8 kcal
Fat (g)	45.3 g	6.3 g
Sat. Fat (g)	16.9 g	2.4 g
Carbohydrate (g)	58.1 g	8.1 g
Sugars (g)	13.6 g	1.9 g
Protein (g)	41 g	5.7 g
Salt (g)	1.9 g	0.3 g

Nutrition for uncooked ingredients based on 2 person recipe.

# Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

# Contact

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#### Get Prepped

- Preheat the oven to 220°C/200°C fan/gas mark 7.
- Chop the **potatoes** into 2cm chunks.
- Pop onto a lined baking tray. Drizzle with **oil** then season with **salt** and **pepper**. Toss to coat, spread out and roast until golden, 25-35 mins. Turn halfway through.
- Halve the **pepper** and discard the core and seeds. Cut into 2cm chunks.
- Peel and grate the **garlic** (or use a garlic press).

TIP: Use two baking trays if necessary.



#### Smash the Avocado

- Meanwhile, halve the **avocado** and remove the pit. Use a tablespoon to scoop the flesh out into a bowl.
- Halve the **lemon** and add a squeeze of juice to the bowl with a pinch of **salt** and **pepper**.
- Mash the **avocado** with a fork.
- Taste and add more **salt**, **pepper** and **lemon** juice if desired.



### **Brown the Beef**

- Meanwhile, place a large pan over medium-high heat (no oil).
- When hot, add the **beef** and cook until browned, 4-5 mins. Break it up with a spoon as it cooks.
  IMPORTANT: Wash hands and equipment after handling raw mince. Mince is cooked when no longer pink in the middle.
- Add the **pepper**, **garlic** and **Mexican spice mix** to the pan with a drizzle of **oil** if needed.
- Cook until softened, 5-7 mins, stirring occasionally. Season with **salt** and **pepper**.



# Simmer the Sauce

- Pour the **passata** into the pan along with 100ml **water** (double for 4p).
- Stir in the **beef stock powder**, bring to the boil then reduce the heat to medium.
- Allow to simmer and thicken, stirring occasionally until there is almost no liquid left, 12-15 mins.

**TIP:** Add a splash of water if the mixture becomes too dry.



# Top with Potatoes

- Once the sauce in the pan has thickened, season to taste with **salt** and **pepper**.
- Spoon into an oven dish, top with the roast **potato** and sprinkle over the **cheese**.
- Place on the top shelf of your oven and bake until the **cheese** has melted and is golden, 10-12 mins.



### **Finish and Serve**

- Dish up spoonfuls of Mexican spiced cheesy beef hash.
- Top with freshly made guacamole.
- Serve with any remaining **lemon** cut into wedges.

Enjoy!