

Chorizo and Potato Hash

with parsley aioli

Classic 35-40 mins









Chorizo

Bell Pepper





Garlic

Parsle





Potatoes

Onion





Scallion

Balsamic Vinegar





Cherry Tomatoes

Aiol

Before you start

Our fruit, veg and herbs need a wash before you use them!

Cooking tools you will need

Grater, Baking Sheet with Baking Paper

Ingredients

	2P	4P
Chorizo	100 g	200 g
Bell Pepper	1 unit	2 units
Garlic	1 unit	2 units
Parsley	10 g	20 g
Potatoes	400 g	800 g
Onion	1 unit	2 units
Scallion	1 unit	2 units
Balsamic Vinegar	1 sachet	2 sachets
Cherry Tomatoes	125 g	250 g
Aioli	1 sachet	2 sachets

Nutrition

	Per serving	Per 100g
for uncooked ingredients	511 g	100 g
Energy (kJ/kcal)	2306.6 kJ/ 551.3 kcal	451.4 kJ/ 107.9 kcal
Fat (g)	29.5 g	5.8 g
Sat. Fat (g)	6 g	1.2 g
Carbohydrate (g)	53 g	10.4 g
Sugars (g)	12.7 g	2.5 g
Protein (g)	18.1 g	3.5 g
Salt (g)	1.9 g	0.4 g

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

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Roast the Potatoes

- Preheat your oven to 220°C/200°C fan/gas mark 7.
- Chop the **potatoes** into 2cm chunks (peeling optional).
- Pop the chunks onto a large (lined) baking tray.
 Drizzle with oil, season with salt and pepper then toss to coat. Spread out in a single layer.
- When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.

TIP: Use two baking trays if necessary.



Get Prepped

- Meanwhile, halve the **bell pepper** and discard the core and seeds. Slice into thin strips, then chop into roughly 1cm pieces. Halve, peel and thinly slice the **onion**.
- Finely chop parsley. Thinly slice scallions. Halve the tomatoes. Peel and grate the garlic (or use a garlic press).
- Stir together the **aioli**, half the **parsley** and half the **garlic** in a small bowl. Set aside.



Caramelise the Onions

- Heat a drizzle of oil in a large pan over medium heat.
- Add the onions. Cook, stirring often, until slightly softened, 2-3 mins.
- Add balsamic vinegar and 1 tsp sugar (double for 4p). Season with salt. Cook, stirring occasionally, until dark golden brown, 7-8 mins.
- Remove pan from heat. Transfer the **onions** to another small bowl and set aside. Carefully wipe pan clean.



Cook the Chorizo

- Heat the same pan with another drizzle of oil over medium-high heat.
- When hot, add the **pepper**. Cook, stirring occasionally, until softened, 3-4 mins.
- Add the chorizo and remaining garlic. Cook the chorizo for 3-4 mins, until browned. Season with salt and pepper.



Finish and Serve

- Add roasted potatoes, tomatoes, half the scallions and remaining parsley to the pan with chorizo.
 Stir together.
- Divide hash between bowls and top with caramelised onions.
- Dollop with parsley aioli and sprinkle remaining scallions over the top.

Enjoy!