

# **Butter Chicken Curry**

with coriander and rice

20 - 25 mins







Diced Irish Chicken Breast









Coriander

Passata





Cashew Nuts









Korma Curry Paste



Pantry Items: Butter, Water, Salt, Pepper, Sugar, Oil



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# Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Wash hands before and after handling ingredients. Wash fruit and veg, but not meat. Use different utensils for raw and ready-to-eat foods or wash these in between uses.

# Cooking tools you will need

Pot with lid

# Ingredients

	2P	4P
Diced Irish Chicken Breast	260 g	520 g
North Indian Style Spice Mix	2 sachets	4 sachets
Coriander	5 g	10 g
Passata	1 pack	2 packs
Onion	1 unit	2 units
Cashew Nuts	10 g	20 g
Rice	150 g	300 g
Creme Fraiche	110 g	220 g
Korma Curry Paste	1 sachet	2 sachets
Diced Irish Chicken Breast	520 g	1040 g

# **Nutrition**

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for uncooked ingredient	Per 100g	Per 100g
Energy	761.3 kJ/	694 kJ/
(kJ/kcal)	182 kcal	166 kcal
Fat (g)	7.6 g	6.2 g
Sat. Fat (g)	3.8 g	3 g
Carbohydrate (g)	18.2 g	14.2 g
Sugars (g)	3.2 g	2.5 g
Protein (g)	8.9 g	12.2 g
Salt (g)	0.5 g	0.4 g

See site or app for detailed nutritional info.

#### **Allergens**

For allergen information please refer to the website or individual ingredient labels.



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#### Make the Rice

- Pour 300ml cold **salted water** (per 2P) into a medium pot with a tight-fitting lid.
- Stir in the rice and bring to the boil.
- Once boiling, lower the heat to medium and cover with the lid.
- Leave to cook for 10 mins, then remove the pot from the heat.
- Keep covered for another 10 mins or until ready to serve (the rice will continue to cook in its own steam).



# **Get Prepped**

- Meanwhile, halve, peel and chop the onion into small pieces.
- Roughly chop the coriander (stalks and all).



#### Soften the Onion

- Place a large pot over medium heat with 2 tbsp butter (per 2P) and a drizzle of oil.
- Once hot, fry the **onion** until softened, stirring occasionally, 4-5 mins.
- Add the North Indian spice mix and korma paste and cook until fragrant, 1 min.
- Season with salt and pepper.



# Fry the Chicken

- Add the chicken to the onion and season with salt and pepper.
- Fry until golden brown on the outside and cooked through, 8-10 mins. IMPORTANT: Wash hands and equipment after handling raw chicken and its packaging. Chicken is cooked when no longer pink in the middle.

TIP: Notice a stronger smell from your chicken? Don't worry, this is normal due to packaging used to keep it fresh. It will still taste delicious once cooked!



## Simmer the Sauce

- Add the passata, creme fraiche and 25ml water (per 2P).
- Simmer until sauce is slightly reduced, 7-9 mins.
- Season to taste with **salt**, **pepper** and **sugar**.

TIP: Add a splash of water if you feel the sauce needs loosening.



## Garnish and Serve

- Fluff up the **rice** with the fork and divide between bowls.
- Serve the **butter chicken** alongside the **rice**.
- Garnish with a sprinkling of cashews and coriander.

# Enjoy!