

# Cheese and Chorizo Tortillas

with tomato salsa and cooling creme fraiche

20 - 25 mins • Spicy











Chorizo

**Grated Cheese** 









Mexican Style Spice Mix





Black Beans

Chipotle Paste















Pantry Items: Sugar, Salt, Oi, Pepper, Water



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2025-W04

# Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Wash hands before and after handling ingredients. Wash fruit and veg, but not meat. Use different utensils for raw and ready-to-eat foods or wash these in between uses.

# Cooking tools you will need

Sieve

# Ingredients

9			
	2P	4P	
Chorizo	90 g	180 g	
Grated Cheese	50 g	100 g	
Tortilla	8 units	16 units	
Bell Pepper	1 unit	2 units	
Mexican Style Spice Mix	1 sachet	2 sachets	
Creme Fraiche	65 g	110 g	
Black Beans	1 pack	2 packs	
Chipotle Paste	1 sachet	2 sachets	
BBQ Sauce	2 sachets	4 sachets	
Passata	1 pack	2 packs	
Shallot	1 unit	2 units	
Tomato	2 units	4 units	
Chorizo	180 g	360 g	
Diced Chicken Breast	260 g	520 g	

#### **Nutrition**

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for uncooked ingredient	Per 100g	Per 100g	Per 100g
Energy	579.3 kJ/	630 kJ/	560 kJ/
(kJ/kcal)	138.5 kcal	151 kcal	134 kcal
Fat (g)	5.6 g	6.8 g	4.9 g
Sat. Fat (g)	2.9 g	3.3 g	2.5 g
Carbohydrate (g)	14.5 g	13.8 g	12.3 g
Sugars (g)	3.9 g	3.7 g	3.3 g
Protein (g)	5.6 g	6.6 g	8.4 g
Salt (g)	1.1 g	1.2 g	0.9 g

See site or app for detailed nutritional info.

## **Allergens**

For allergen information please refer to the website or individual ingredient labels.

#### Contact

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#### **Get Prepped**

- Preheat your oven to 220°C/200°C fan/gas mark 7.
- Halve the **bell pepper** and discard the core and seeds. Slice into thin strips.
- Drain and rinse the **black beans** in a sieve.
- Place a large pan over medium-high heat (without oil).
- Once hot, fry the chorizo and bell pepper until starting to brown, 4-5 mins.



## Fry the Beans

- Add the black beans and Mexican spice mix with a drizzle of oil, if required.
- Fry for 1 min then add the passata, ½ tsp sugar (per 2P) and ½ tsp salt (per 2P). Simmer for 2-3 mins.
- Remove from the heat. Stir through the chipotle paste. Add a splash of water, if required.
- Season to taste with **salt**, **pepper** and **sugar**.



#### Make the Salsa

- Meanwhile, cut the tomato into 1cm cubes.
- Halve, peel and chop the **shallot** into small pieces.
- Toss the **tomato** and **shallot** together in a bowl.
- Season to taste with salt and pepper.
- Pop the **tortillas** into the oven to warm, 1-2 mins.



#### Serve and Enjoy

- Serve the **beans** and **tomato** salsa separately.
- Divide the tortillas between plates and top your own at the table.
- · Sprinkle with a generous helping of cheese.
- Drizzle over the creme fraiche and BBQ sauce.

## Enjoy!





#### DICED IRISH CHICKEN BREAST

Adding chicken? Add to the hot pan along with the chorizo and bell pepper and fry until browned, 6-8 mins.