

# Classic Shortbread

Dessert 85 – 90 mins • Egg(s) not included







Plain Flour

Sugar



Butter

Pantry Items: Egg



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#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Wash hands before and after handling ingredients. Wash fruit and veg, but not meat. Use different utensils for raw and ready-to-eat foods or wash these in between uses.

# Cooking tools you will need

Baking sheet with baking paper

### Ingredients

	Quantity
Plain Flour	150 g
Sugar	75 g
Butter	1 pack

### Nutrition

	Per 100g
for uncooked ingredients	5
Energy (kJ/kcal)	1890.1 kJ/ 451.7 kcal
Fat (g)	23.1 g
Sat. Fat (g)	14.6 g
Carbohydrate (g)	52.5 g
Sugars (g)	20.7 g
Protein (g)	6.3 g
Salt (g)	0.5 g

See site or app for detailed nutritional info.

#### Allergens

For allergen information please refer to the website or individual ingredient labels.

#### Contact

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A You can recycle me!







# **Get Prepped**

- Separate 1 egg white from the yolk.
- Reserve 1 tbsp flour.
- Add sugar, **butter** and remaining **flour** to a large bowl.
- Knead with your fingertips until the **butter** is incorporated and the dough has a crumble-like consistency.
- Add the **egg** yolk and mix until the dough is smooth.Wrap in cling film or baking paper. Refrigerate until firm to touch, 30-45 mins.

**TIP:** To speed things up, freeze the dough instead, 15-20 mins.

### Shape the Shortbread

- While the dough cools, preheat the oven to  $190^\circ\text{C}/170^\circ\text{C}$  fan/gas mark 5.
- Sprinkle some reserved **flour** over your work surface and your dough.
- Using a rolling pin, roll the dough out to about 5mm thickness.
- Using round cookie cutters or a small round glass, cut out the shortbread shapes.
- Roll the remaining dough into a ball, and repeat the process until all the dough has been used.

Little Chef's TIP: Have the kids help shape the shortbread.

#### **Bake and Serve**

- Place the shortbread shapes onto a lined baking tray, spacing them well apart.
- Bake for 10-15 mins, or until lightly golden.
- Leave to cool and serve.

Enjoy!