



# Pesto Chicken Burger and Herby Potatoes

with tomato and salad leaves

20 – 25 mins

23



Irish Chicken Breast



Baby Potatoes



Green Pesto



Mayo



Brioche Buns



Tomato



Dried Oregano



Salad Leaves

Pantry Items: Salt, Pepper, Oil, Water, Butter



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## Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Wash hands before and after handling ingredients. Wash fruit and veg, but not meat. Use different utensils for raw and ready-to-eat foods or wash these in between uses.

## Cooking tools you will need

Colander, pot with lid

## Ingredients

	2P	4P
Irish Chicken Breast	320 g	640 g
Baby Potatoes	500 g	1000 g
Green Pesto	30 g	60 g
Mayo	2 sachets	4 sachets
Brioche Buns	2 units	4 units
Tomato	1 unit	2 units
Dried Oregano	1 sachet	2 sachets
Salad Leaves	40 g	80 g

## Nutrition

for uncooked ingredient	Per 100g
Energy (kJ/kcal)	521 kJ/ 124 kcal
Fat (g)	3.9 g
Sat. Fat (g)	0.6 g
Carbohydrate (g)	14.4 g
Sugars (g)	1.8 g
Protein (g)	9.1 g
Salt (g)	0.2 g

See site or app for detailed nutritional info.

## Allergens

For allergen information please refer to the website or individual ingredient labels.

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### Cook the Potatoes

- Preheat the oven to 220°C/200°C fan/gas mark 7. Boil a large pot of **salted water** for the **potatoes**.
- Halve the **potatoes** widthways (quarter larger **potatoes**).
- When boiling, add the **potatoes** to the **water**, lower the heat to medium and cook until fork tender, 15-20 mins.
- Once cooked, drain in a colander and return to the pot, off the heat.
- Mix in a knob of **butter** and the **oregano**. Season to taste with **salt** and **pepper**. Set aside and cover to keep warm.



### Make the Mayo

- Thinly slice the **tomato**.
- In a small bowl, mix together the **mayo** and **pesto**. Season to taste with **salt** and **pepper**.



### Prep the Chicken

- Meanwhile, place your hand flat on top of the **chicken breast**.
- Slice through horizontally to make two thin **steaks**.  
**IMPORTANT:** Wash hands and equipment after handling raw chicken and its packaging.

**TIP:** Notice a stronger smell from your chicken? Don't worry, this is normal due to packaging we use to keep it fresh.



### Warm the Buns

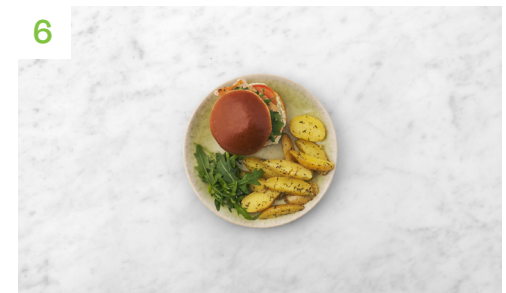
- When everything is almost ready, pop the **buns** into the oven.
- Cook until warmed, 2-3 mins.



### Fry the Chicken

- Place a large pan over medium-high heat with a drizzle of **oil**.
- When hot, add the **chicken** and season with **salt** and **pepper**.
- Cook through, 3-6 mins each side.  
**IMPORTANT:** Chicken is cooked when no longer pink in the middle.

**TIP:** Cook in batches if your pan is getting crowded.



### Assemble and Serve

- Spread the **pesto mayo** over the cut side of the **buns**.
- Top the **bun** bases with slices of **tomato** and pan-fried **chicken**.
- Add a handful of **salad leaves** then sandwich closed with the **bun** lid.
- Serve the herby **baby potatoes** and remaining **salad leaves** alongside.

Enjoy !