

Hoisin Lamb Noodles

with stir-fried greens

20 – 25 mins









amb Mince







Udon Noodles

Lime





Soy Sauce

Garlic, Ginger & Lemongrass Paste





Onion

Green Beans

Pantry Items: Salt, Pepper, Oil, Water



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2024-W47

Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need Pan with lid

Ingredients

| | 2P | 4P |
|--------------------------------------|-----------|-----------|
| Lamb Mince | 240 g | 480 g |
| Hoisin Sauce | 2 sachets | 4 sachets |
| Udon Noodles | 300 g | 600 g |
| Lime | 1 unit | 2 units |
| Soy Sauce | 1 sachet | 2 sachets |
| Garlic, Ginger & Lemongrass Paste | 1 sachet | 2 sachets |
| Onion | 1 unit | 2 units |
| Green Beans | 150 g | 300 g |

Nutrition

| | Per serving | Per 100g |
|--------------------------|------------------------|-------------------------|
| for uncooked ingredients | 470.5 g | 100 g |
| Energy (kJ/kcal) | 2514.6 kJ/ 601 kcal | 534.4 kJ/ 127.7 kcal |
| Fat (g) | 24.1 g | 5.1 g |
| Sat. Fat (g) | 10.6 g | 2.3 g |
| Carbohydrate (g) | 66.6 g | 14.2 g |
| Sugars (g) | 13.1 g | 2.8 g |
| Protein (g) | 31.9 g | 6.8 g |
| Salt (g) | 3.3 g | 0.7 g |

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.



Cook the Mince

- Halve, peel and thinly slice the onion.
- Quarter the lime. Trim the green beans.
- Place a pan over medium-high heat with a drizzle of oil.
- Once hot, fry the onion and lamb mince until browned, 5-6 mins. IMPORTANT: Wash hands and equipment after handling raw mince. Mince is cooked when no longer pink in the middle.
- Use a spoon to break the mince up as it cooks.
 Season with salt and pepper.



Finish and Serve

- Season to taste with salt, pepper and lime juice.
- Divide the hoisin lamb noodles between bowls.
- Serve with any remaining lime wedges alongside for squeezing over.

Enjoy!



Add the Veg

- Add the **green beans** and **lemongrass paste** to the pan and fry for 2-3 mins.
- Add a splash of water, cover and cook for another 4-5 mins.



Coat the Noodles

- Stir through the **soy sauce** and **hoisin sauce** and allow to warm through, 1-2 mins.
- Carefully separate the **noodles** by hand.
- Add the **noodles** to the sauce and mix well to coat.
- Cover and and simmer until softened, 1-2 mins.
 Loosen the sauce with a splash more water if required.

Little Chef's TIP: Kids can help to separate the noodles.



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