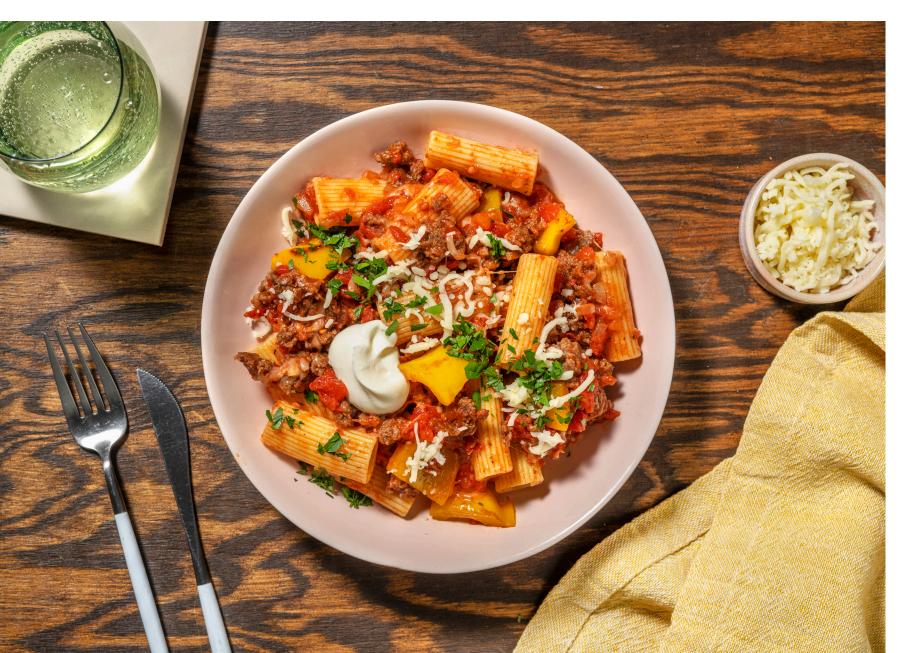


# Mexican-inspired Beef Rigatoni

with paprika and creme fraiche

 $20 - 25 \, \text{mins}$ 









Beef Mince

Onio





Paprika

Passa





Creme Fraiche

Bell Pepper





Sarlic

Dried Rigatoni





**Grated Cheese** 

Worcester Sauce

Pantry Items: Oil, Pepper, Salt, Water



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#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook

# Cooking tools you will need

Colander, grater

# Ingredients

	2P	4P
Beef Mince	240 g	480 g
Onion	1 unit	2 units
Paprika	1 sachet	2 sachets
Passata	1 pack	2 packs
Creme Fraiche	65 g	110 g
Bell Pepper	1 unit	2 units
Garlic	1 unit	2 units
Dried Rigatoni	180 g	360 g
Grated Cheese	50 g	100 g
Worcester Sauce	1 sachet	2 sachets

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredients	523 g	100 g
Energy (kJ/kcal)	3803.3 kJ/ 909 kcal	727.2 kJ/ 173.8 kcal
Fat (g)	37.3 g	7.1 g
Sat. Fat (g)	19.6 g	3.7 g
Carbohydrate (g)	92.4 g	17.7 g
Sugars (g)	21.1 g	4 g
Protein (g)	45.6 g	8.7 g
Salt (g)	3.1 g	0.6 g

Nutrition for uncooked ingredients based on 2 person recipe.

# **Allergens**

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### Cook the Pasta

- Boil a pot of salted water for the pasta.
- When boiling, add the pasta, bring back to the boil and cook until softened, 10-12 mins.
- Drain in a colander and return to the pot, off the heat. Drizzle with oil and toss to prevent sticking.
- Meanwhile, halve, peel and finely chop the onion.
   Peel and grate the garlic (or use a garlic press).
- Halve and deseed the pepper. Chop into 2cm chunks.

TIP: To save time you can boil the water in your kettle.



#### Finish and Serve

- Divide the **pasta** between deep plates or bowls.
- Top with a dollop of creme fraiche.
- Garnish with the remaining cheese.

# Enjoy!



### Fry the Mince

- Place a pan over medium-high heat with a drizzle of oil.
- Fry the onion until softened, 4-5 mins.
- Add the beef, garlic and paprika. IMPORTANT:
  Wash hands and equipment after handling raw
  mince. Mince is cooked when no longer pink in
  the middle.
- Fry until browned, 5-6 mins. Break the beef up with a spoon as it cooks. Season with salt and pepper.



#### Add the Rigatoni

- Add the pepper, passata and Worcester sauce.
   Cook for 6-8 mins.
- Add the cooked pasta to the pan along with half the cheese. Mix well to evenly coat.
- Taste and season with **salt** and **pepper**.
- Cook until the **pasta** is warmed through, 2-3 mins.