

# Chorizo and Mozzarella Rigatoni

with parsley and wilted spinach

 $20 - 25 \, \text{mins}$ 















**Baby Spinach** 





Dried Chilli Flakes

Dried Rigatoni







Chopped Tomato with Onion & Garlic



Cajun Spice Mix

Pantry Items: Sugar, Oil, Salt, Pepper, Water, Butter



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#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook

# Cooking tools you will need

#### Ingredients

	2P	4P
Chorizo	100 g	200 g
Mozzarella	125 g	250 g
Stock	1 sachet	2 sachets
Baby Spinach	60 g	120 g
Dried Chilli Flakes	1 sachet	2 sachets
Dried Rigatoni	180 g	360 g
Parsley	5 g	10 g
Chopped Tomato with Onion & Garlic	1 pack	2 packs
Cajun Spice Mix	1 sachet	2 sachets

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredients	437.5 g	100 g
Energy (kJ/kcal)	3171.5 kJ/ 758 kcal	724.9 kJ/ 173.3 kcal
Fat (g)	28.8 g	6.6 g
Sat. Fat (g)	13.9 g	3.2 g
Carbohydrate (g)	83.5 g	19.1 g
Sugars (g)	16 g	3.7 g
Protein (g)	39 g	8.9 g
Salt (g)	4.4 g	1 g

Nutrition for uncooked ingredients based on 2 person recipe.

## **Allergens**

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### Make the Pasta

- Boil a pot of salted water for the rigatoni.
- When boiling, add the pasta and cook until softened, 10-12 mins.
- Once cooked, drain in a colander and pop back in the pot, off the heat.
- Drizzle with oil and stir through to prevent sticking.



## Garnish and Serve

- Divide the **pasta** between plates.
- Top with remaining mozzarella and chopped parsley.

### Enjoy!



#### Simmer the Sauce

- Meanwhile, place a pan over medium-high heat with a drizzle of oil.
- Once hot, fry the chorizo until it's starting to brown, 3-4 mins.
- Pour in the chopped tomatoes, stock, Cajun spice, chilli flakes (use less if you don't like spice) and ½ tsp sugar (per 2P).
- Bring to the boil then reduce the heat and simmer until thickened, 5-6 mins.
- Roughly chop the parsley, stalks and all.



#### Wilt the Spinach

- Once the sauce has reduced, stir in the **spinach** a handful at a time, until wilted, 1-2 mins.
- Drain the mozzarella and tear into chunks.
- Add the pasta, a knob of butter and half the mozzarella. Stir to combine and warm through, 1 min.
- Taste and season with salt, pepper and sugar if needed.

TIP: Loosen the sauce with a splash of water if you feel it's too thick.