

# Spicy Gochujang Pork Udon with baby corn and coriander

20 - 25 mins • Extra spicy















Coriander





Baby Corn

Gochujang Paste





Garlic, Ginger & Lemongrass Paste





Ketjap Manis



Thai Style Spice Mix

Pantry Items: Oil, Salt, Pepper, Water



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2024-W40

#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

# Cooking tools you will need

## Ingredients

|                                      | 2P        | 4P        |
|--------------------------------------|-----------|-----------|
| Pork Mince                           | 240 g     | 480 g     |
| Udon Noodles                         | 300 g     | 600 g     |
| Lime                                 | 1 unit    | 2 units   |
| Coriander                            | 5 g       | 10 g      |
| Baby Corn                            | 150 g     | 300 g     |
| Gochujang Paste                      | 1 sachet  | 2 sachets |
| Garlic, Ginger &<br>Lemongrass Paste | 1 sachet  | 2 sachets |
| Shallot                              | 1 unit    | 2 units   |
| Honey                                | 1 sachet  | 2 sachets |
| Ketjap Manis                         | 1 sachet  | 2 sachets |
| Thai Style Spice Mix                 | 2 sachets | 4 sachets |

#### **Nutrition**

|                          | Per serving            | Per 100g                |
|--------------------------|------------------------|-------------------------|
| for uncooked ingredients | 446 g                  | 100 g                   |
| Energy (kJ/kcal)         | 2338.9 kJ/<br>559 kcal | 524.4 kJ/<br>125.3 kcal |
| Fat (g)                  | 17.4 g                 | 3.9 g                   |
| Sat. Fat (g)             | 5.8 g                  | 1.3 g                   |
| Carbohydrate (g)         | 67.3 g                 | 15.1 g                  |
| Sugars (g)               | 17.6 g                 | 3.9 g                   |
| Protein (g)              | 33.7 g                 | 7.6 g                   |
| Salt (g)                 | 3 g                    | 0.7 g                   |

Nutrition for uncooked ingredients based on 2 person recipe.

# Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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# **Get Prepped**

- Halve, peel and chop the **shallot** into small pieces.
- Roughly chop the **coriander**.
- Zest, then quarter the lime.
- · Halve the baby corn lengthways.



#### Cook the Corn

- Place a large pan over medium-high heat with a drizzle of oil.
- When hot, add the baby corn.
- Season with salt and pepper.
- Cook, stirring occasionally, until softened, 4-5 mins.
- Transfer to a plate and set aside.



# Fry the Pork

- Add another drizzle of **oil** to the pan, if necessary.
- Add the **shallot** and **lemongrass paste**. Cook, stirring, until fragrant, 1-2 mins.
- Add the Thai spice and pork. IMPORTANT: Wash hands and equipment after handling raw mince.
- Cook, breaking up pork into smaller pieces, until cooked through, 5-6 mins. IMPORTANT: Pork is cooked when no longer pink in the middle



## Add some Spice

- Add the gochujang (use less if you don't like spice), lime zest, ketjap manis, baby corn and 100ml water (double for 4p).
- Cook until everything is warmed through, 1 min.
- Remove from the heat and stir through the **honey**.



# **Finishing Touches**

- Gently separate the **noodles** by hand.
- Add the noodles to the sauce and cook until coated and warmed through, 1-2 mins.
- Add a splash of water to loosen the sauce if required. Season to taste with salt and pepper.



#### Divide and Serve

- Divide your fragrant **pork noodles** between plates.
- Squeeze over some lime juice to taste and serve remaining lime wedges on the side.
- Finish with a sprinkling of **coriander**.

# Enjou!