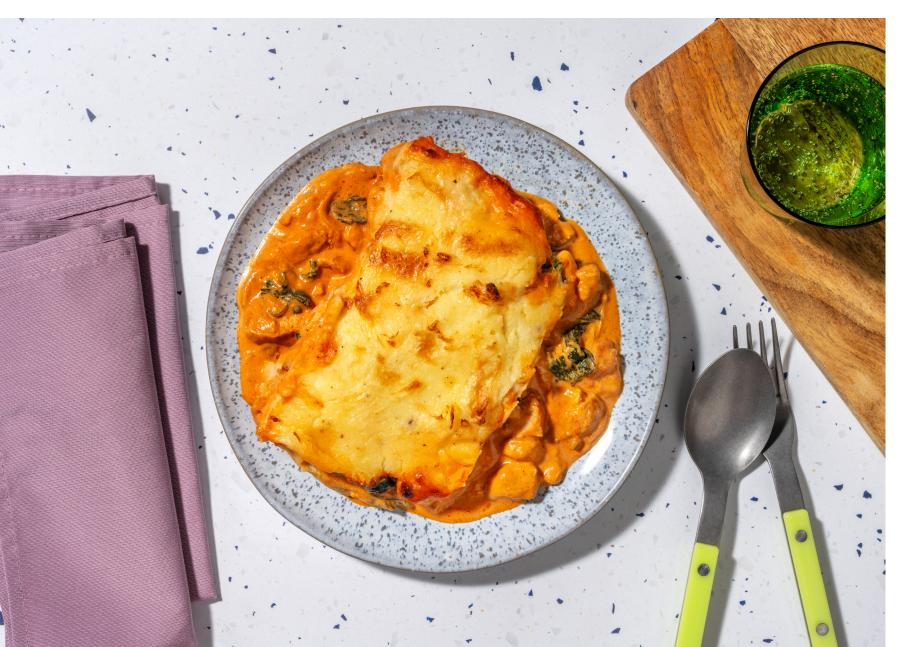


# Chicken Korma Pie

with spinach and buttery mash

Family 30 – 35 mins















Korma Curry Paste



Coconut Milk





**Baby Spinach** 



North Indian Style Spice Mix



**Ground Coriander** 

Pantry Items: Salt, Pepper, Oil, Water, Butter, Milk (Optional)



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#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

# Cooking tools you will need

Colander, oven dish, pan with lid, potato masher

# Ingredients

	2P	4P
Diced Chicken Breast	260 g	520 g
Potatoes	600 g	1200 g
Tomato	1 unit	2 units
Onion	1 unit	2 units
Korma Curry Paste	1 sachet	2 sachets
Coconut Milk	1 pack	2 packs
Stock	1 sachet	2 sachets
Baby Spinach	60 g	120 g
North Indian Style Spice Mix	2 sachets	4 sachets
Ground Coriander	1 sachet	2 sachets

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredients	680.5 g	100 g
Energy (kJ/kcal)	2790.7 kJ/ 667 kcal	410.1 kJ/ 98 kcal
Fat (g)	26 g	3.8 g
Sat. Fat (g)	16.4 g	2.4 g
Carbohydrate (g)	71.6 g	10.5 g
Sugars (g)	12.2 g	1.8 g
Protein (g)	39.4 g	5.8 g
Salt (g)	2.3 g	0.3 g

Nutrition for uncooked ingredients based on 2 person recipe.

## **Allergens**

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### Make the Mash

- Preheat your oven to 240°C/220°C fan/gas mark
   9. Boil a large pot of salted water for the potatoes.
- Chop the **potatoes** into 2cm chunks (peeling optional).
- Add the **potatoes** to the boiling **water** and cook until fork tender, 12-18 mins.
- Once cooked, drain in a colander and return to the pot off the heat.
- Add a knob of butter and a splash of milk or water.
   Mash until smooth. Season with salt and pepper.



# **Get Prepped**

- Halve, peel and thinly slice the onion.
- · Cut the tomato into 2cm chunks.
- Stir the coconut milk (or shake the packet) to dissolve any lumps.



## Fry the Chicken

- Place a large pan over medium-high heat with a drizzle of oil.
- Once hot, add the ground coriander, onion and chicken. Season with salt and pepper.
   IMPORTANT: Wash hands and equipment after handling raw chicken.
- Fry until browned on the outside and cooked through, 5-6 mins.

TIP: Notice a stronger smell from your chicken? Don't worry, this is normal due to packaging used to keep it fresh.



#### Make the Pie Filling

- Add the North Indian spice to the pan and fry until fragrant, 30 secs.
- Stir in the tomatoes, korma paste, coconut milk and stock.
- Cover and simmer for 6-8 mins. IMPORTANT: Chicken is cooked when no longer pink in the middle.
- Once simmered, add the spinach and stir until wilted.



## Bake the Pie

- Once the filling is ready, taste and season with salt and pepper if needed. Add a splash of water if you feel it's too dry.
- Transfer to an appropriately-sized oven dish.
- Top with a layer of mashed **potato**. Use the back of a spoon to evenly spread it out.
- Take 2 tbsp **butter** (double for 4p), cut into small pieces and distribute over the top of the mash.
- Pop the dish in the oven for 5-6 mins.



#### Finish and Serve

- Once baked, remove the chicken korma pie from the oven.
- Divide the pie between plates.

## Enjoy!