

Sweetcorn Butter Masala

with golden cheese and coriander

Family Quick Cook 20 - 25 mins











Sweetcorn

North Indian Style Spice Mix





Coriander





Cashew Nuts





Grilling Cheese







Coconut Milk

Korma Curry Paste



Pantry Items: Butter, Water, Salt, Pepper, Sugar, Oil



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Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need

Pot with lid, sieve

Ingredients

	2P	4P
Sweetcorn	1 pack	2 packs
North Indian Style Spice Mix	2 sachets	4 sachets
Coriander	5 g	10 g
Passata	1 pack	2 packs
Onion	1 unit	2 units
Cashew Nuts	20 g	40 g
Grilling Cheese	200 g	400 g
Rice	150 g	300 g
Coconut Milk	1 pack	2 packs
Korma Curry Paste	1 sachet	2 sachets
Lime	1 unit	2 units

Nutrition

	Per serving	Per 100g
for uncooked ingredients	564.5 g	100 g
Energy (kJ/kcal)	4437 kJ/ 1060 kcal	786 kJ/ 188 kcal
Fat (g)	53.6 g	9.5 g
Sat. Fat (g)	32.7 g	5.8 g
Carbohydrate (g)	102.6 g	18.2 g
Sugars (g)	24.9 g	4.4 g
Protein (g)	37.6 g	6.7 g
Salt (g)	4.9 g	0.8 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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Get Prepped

- Pour 300ml cold **salted water** (double for 4p) into a medium pot with a tight-fitting lid.
- Stir in the rice and bring to the boil. Once boiling, lower the heat to medium, cover, and cook for 10 mins.
- Remove the pot from the heat and keep covered for 10 mins or until ready to serve (the rice will continue to cook in its own steam).
- Halve, peel and chop the **onion** into small pieces.
- Drain the **sweetcorn** in a sieve. Quarter the **lime**.



Finish and Serve

- Season the curry to taste with salt, pepper and sugar. Loosen with a splash of water if you feel it's too thick.
- Fluff up the rice with a fork.
- Serve the sweetcorn butter masala in bowls alongside the rice.
- · Garnish with cashews and coriander.
- Finish with a squeeze of lime juice.

Enjoy!



Fry the Cheese

- Chop the grilling cheese into 2cm chunks and pop into a bowl of cold water to soak.
- Place a pan over medium-high heat with a drizzle of oil.
- Once the pan is hot, remove the cheese from the bowl and pat dry with kitchen paper.
- Fry the cheese until golden all over, 4-6 mins. Shift every 1-2 mins.
- Once the **cheese** is golden, remove from the pan and return the pan to medium-high heat.



Make the Sauce

- Add 2 tbsp of butter (double for 4p) to the pan.
 Fry the onion until softened, stirring occasionally,
 4-5 mins.
- Add the North Indian spice mix and korma paste.
 Fry for 1 min.
- Add the sweetcorn, passata and 50ml water (double for 4p). Simmer for 5-7 mins.
- Stir in the cheese and coconut milk and allow to warm through.
- Roughly chop the **coriander** (stalks and all).

TIP: Stir the coconut milk (or shake the packet) to dissolve any lumps.