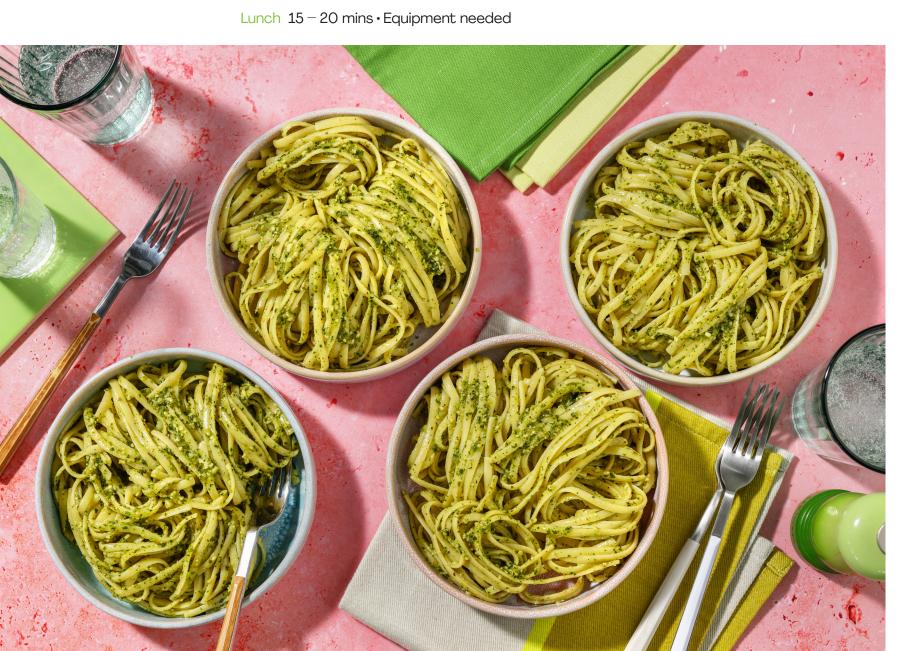


Linguine with Homemade Rocket Pesto

4 servings







Salad Leaves



Lemoi



Dried Linguine



Grated Italian Style Hard Cheese



Pine Nuts

Pantry Items: Oil, Salt, Pepper, Water



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Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning

Cooking tools you will need

Colander, blender

Ingredients

	4P
Salad Leaves	80 g
Grated Italian Style Hard Cheese	2 units
Lemon	1 unit
Pine Nuts	40 g
Dried Linguine	360 g

Nutrition

	Per serving	Per 100g
for uncooked ingredients	310 g	100 g
Energy (kJ/kcal)	3610.8 kJ/ 863 kcal	1164.8 kJ/ 278.4 kcal
Fat (g)	19.2 g	6.2 g
Sat. Fat (g)	6 g	1.9 g
Carbohydrate (g)	135.5 g	43.7 g
Sugars (g)	7.6 g	2.5 g
Protein (g)	36.3 g	11.7 g
Salt (g)	0.3 g	0.1 g

Nutrition for uncooked ingredients based on 4 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.



Cook the Pasta

- Boil a large pot of salted water for the linguine.
- When boiling, add the **linguine** to the **water** and bring back to the boil.
- Cook until softened, 12 mins.
- Once cooked, drain in a colander and pop back in the pot, off the heat.
- · Drizzle with oil and stir through to prevent sticking.

TIP: If you're in a hurry you can boil the water in your kettle.



Blend the Pesto

- Meanwhile, halve the lemon.
- Add the salad leaves, cheese, pine nuts and 100ml olive oil to a blender.
- Season with 1 tsp salt and ½ tsp pepper.
- Blend until smooth. Loosen to your desired consistency by adding a tsp of water at a time.
- Season to taste with **salt**, **pepper** and a squeeze of **lemon** juice.



Finish and Serve

- Toss the **pesto** with the **pasta**.
- Divide the homemade **pesto linguine** between bowls.

Enjoy!



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