

# Bacon and Mushroom Linguine

with baby spinach and fresh chilli

Family Quick Cook 20 - 25 mins • Optional spice









**Bacon Lardons** 





Creme Fraiche





Baby Spinach



Chicken Stock



Grated Italian Style Hard Cheese







Pantry Items: Oil, Salt, Pepper, Water



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### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

# Cooking tools you will need Colander, grater

## Ingredients

	2P	4P
Bacon Lardons	100 g	200 g
Mushrooms	150 g	250 g
Creme Fraiche	110 g	220 g
Chicken Stock	1 sachet	2 sachets
Baby Spinach	60 g	120 g
Onion	1 unit	2 units
Grated Italian Style Hard Cheese	1 unit	2 units
Chilli	1 unit	2 units
Garlic	1 unit	2 units
Dried Linguine	180 g	360 g

### **Nutrition**

	Per serving	Per 100g
for uncooked ingredients	380 g	100 g
Energy (kJ/kcal)	2899.5 kJ/ 693 kcal	763 kJ/ 182.4 kcal
Fat (g)	29.7 g	7.8 g
Sat. Fat (g)	14.8 g	3.9 g
Carbohydrate (g)	77.8 g	20.5 g
Sugars (g)	8.1 g	2.1 g
Protein (g)	30.5 g	8 g
Salt (g)	1.8 g	0.5 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

## **Allergens**

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### Make the Pasta

- Boil a large pot of salted water for the linguine.
- When boiling, add the **linguine** to the **water** and bring back to the boil.
- · Cook until softened, 12 mins.
- Once cooked, drain in a colander and pop back in the pot, off the heat.
- Drizzle with oil and stir through to prevent sticking.

TIP: If you're in a hurry you can boil the water in your kettle.



## Finish and Serve

- Divide the creamy bacon linguine between deep plates or bowls.
- Top with a sprinkling of chopped chilli (use less if you don't like spice) and cheese.

TIP: If you're cooking for kids you may want to leave out the chilli in this dish!

# Enjoy!



## Cook the Veg

- Meanwhile, roughly chop the mushrooms.
- Peel and grate the **garlic** (or use a garlic press).
- Halve the **chilli**, discard the core and seeds and finely chop.
- Halve, peel and thinly slice the **onion**.
- Place a large pan over medium-high heat with a drizzle of oil. Once hot, fry the bacon, mushrooms, garlic and onion until golden, stirring, 4-5 mins. IMPORTANT: Wash hands and equipment after handling raw meat. Cook lardons thoroughly.



#### Simmer the Sauce

- Add the **stock** and **creme fraiche** to the pan.
- Simmer until the sauce has thickened, 10-14 mins (add a splash of water if the sauce becomes too thick).
- Once simmered, carefully mix in the drained **linguine** and **spinach**.
- · Cook until the spinach is wilted.
- · Season to taste with salt and pepper.