

Irish Sirloin Steak in Creamy Truffle Sauce

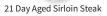
with carrots and crushed baby potatoes

Premium 35 – 40 mins













Creme Fraiche



Truffle Oil





Baby Carrots

Pantry Items: Water, Oil, Salt, Pepper



Rate your recipe!

Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need

Baking sheet with baking paper, pan with lid

Ingredients

	2P	4P
21 Day Aged Sirloin Steak	250 g	500 g
Baby Potatoes	500 g	1000 g
Creme Fraiche	110 g	220 g
Truffle Oil	1 pack	2 packs
Beef Stock	1 sachet	2 sachets
Baby Carrots	150 g	300 g

Nutrition

	Per serving	Per 100g
for uncooked ingredients	511 g	100 g
Energy (kJ/kcal)	2535.5 kJ/ 606 kcal	496.2 kJ/ 118.6 kcal
Fat (g)	31.1 g	6.1 g
Sat. Fat (g)	15.2 g	3 g
Carbohydrate (g)	51.1 g	10 g
Sugars (g)	6.9 g	1.4 g
Protein (g)	32.6 g	6.4 g
Salt (g)	1.3 g	0.2 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

Share your creations with #HelloFreshIreland
Any questions? Contact our customer care team at hellofresh.ie/about/faq







Roast the Potatoes

- Preheat your oven to 240°C/220°C fan/gas mark 9.
- Halve the **potatoes** lengthways (quarter larger pieces) and pop onto a lined baking tray.
- Drizzle with oil, season with salt and pepper then toss to coat. Spread out on the tray, cut-side down.
- When the oven is hot, roast the **potatoes** on the top shelf until slightly tender, 15-20 mins.

TIP: Use two baking trays if necessary.



Cook the Carrots

- Place a pan over high heat with a drizzle of oil.
- Once hot, fry the carrots until starting to char, 2-3 mins.
- Add a splash of water and cover with a lid or foil.
- Cook until tender, 4-5 mins.
- Once cooked, remove from the pan and cover to keep warm.



Crush the Potatoes

- When the **potatoes** have been cooking for 15 mins, remove the tray from the oven.
- Use the bottom of a bowl or pan to gently crush each **potato half**.
- Drizzle the **potatoes** with a little more **oil**.
- Return to the top shelf of the oven to cook until crispy and golden, 10-15 mins more.



Sear the Steak

- Return the pan to high heat with a drizzle of oil.
- · Season the steaks with salt and pepper.
- Once hot, fry the **steaks** until browned. Cook for 1-2 mins on each side for medium-rare.
- Cook for another 1-2 mins on each side if you'd like them more well-done.
- Once cooked, remove from pan, cover and allow to rest. IMPORTANT: Wash hands and equipment after handling raw meat and its packaging. Meat is safe to eat when the outside is browned.



Make the Sauce

- Return the pan to high heat, adding the creme fraiche and stock powder.
- Cook until thickened, stirring occasionally, 2-3 mins.
- Remove from the heat and stir through the **truffle oil**.

TIP: Add a splash of water to loosen the sauce if required.



Finish and Serve

- Thinly slice the **sirloin** and plate up with the creamy truffle sauce drizzled over.
- Serve crushed potatoes and tender carrots alongside.

Enjoy!