

Chorizo and Tomato Linguine

with garlic and Italian cheese

Family Quick Cook 20-25 mins









Dried Linguine





Cherry Tomatoes









Creme Fraiche

Pantry Items: Water, Salt, Pepper, Oil, Sugar



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Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need Colander, grater

Ingredients

	2P	4P
Chorizo	100 g	200 g
Dried Linguine	180 g	360 g
Cherry Tomatoes	125 g	250 g
Onion	1 unit	2 units
Garlic	2 units	4 units
Passata	1 pack	2 packs
Grated Italian Style Hard Cheese	1 unit	2 units
Creme Fraiche	110 g	220 g

Nutrition

	Per serving	Per 100g
for uncooked ingredients	427.5 g	100 g
Energy (kJ/kcal)	3266 kJ/ 781 kcal	764 kJ/ 183 kcal
Fat (g)	31.7 g	7.4 g
Sat. Fat (g)	15.5 g	3.6 g
Carbohydrate (g)	90.3 g	21 g
Sugars (g)	16.4 g	3.8 g
Protein (g)	29.3 g	6.9 g
Salt (g)	2.4 g	0.6 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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Make the Pasta

- Boil a large pot of **salted water** for the **linguine**.
- When boiling, add the linguine then bring back to the boil.
- · Cook until softened, 12 mins.
- Once cooked, drain in a colander and pop back in the pot (off the heat).
- Drizzle with **oil** and stir through to prevent sticking.

TIP: If you're in a hurry you can boil the water in your kettle.



Finish and Serve

- Loosen the sauce with a splash of water if necessary.
- Toss the **linguine** through the sauce to coat and warm through.
- Divide your **pasta** between deep plates or bowls.
- Finish with a sprinkling of cheese.

Enjoy!



Get Prepped

- While the **linguine** cooks, halve, peel and chop the **onion** into small pieces.
- Peel and grate the **garlic** (or use a garlic press)
- Halve the cherry tomatoes.



Simmer the Sauce

- Place a large pan over medium-high heat (no oil).
- Once hot, fry the chorizo until it starts to brown, 3-4 mins.
- Add the onion and season with salt and pepper. Fry until softened, stirring occasionally, 3-4 mins.
- Add garlic, tomatoes, ½ tsp sugar (double for 4p) and another pinch of salt. Fry until tomatoes are softened, 6-7 mins.
- Add the passata and creme fraiche. Simmer until thickened, 4-5 mins. Season to taste with salt, pepper and sugar.