

Fiery Gochujang Pork Udon

with baby corn and coriander

Calorie Smart Quick Cook 20-25 mins • Extra spicy











Udon Noodles





Coriander





Baby Corn

Gochujang Paste





Garlic, Ginger & Lemongrass Paste







Ketjap Manis



Fish Sauce

Pantry Items: Oil, Salt, Pepper, Water



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Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning

Cooking tools you will need

Sieve, zeste

Ingredients

	2P	4P
Pork Mince	250 g	500 g
Udon Noodles	300 g	600 g
Lime	1 unit	2 units
Coriander	5 g	10 g
Baby Corn	150 g	300 g
Gochujang Paste	1 sachet	2 sachets
Garlic, Ginger & Lemongrass Paste	1 sachet	2 sachets
Shallot	1 unit	2 units
Honey	1 sachet	2 sachets
Ketjap Manis	1 sachet	2 sachets
Fish Sauce	1 sachet	2 sachets

Nutrition

	Per serving	Per 100g
for uncooked ingredients	537 g	100 g
Energy (kJ/kcal)	2456 kJ/ 587 kcal	457.4 kJ/ 109.3 kcal
Fat (g)	18.4 g	3.4 g
Sat. Fat (g)	5.9 g	1.1 g
Carbohydrate (g)	71.3 g	13.3 g
Sugars (g)	15.4 g	2.9 g
Protein (g)	35.5 g	6.6 g
Salt (g)	17.7 g	3.3 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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Make the Noodles

- Boil a large pot of water for the udon noodles.
- Add the noodles and fish sauce then lower heat to medium-high and cook until warmed through, 1-2 mins.
- Once cooked, drain in a sieve and pop back in the pot, off the heat.
- Drizzle with oil and stir through to prevent sticking.

TIP: If you're in a hurry you can boil the water in your kettle.



Get Prepped

- Halve, peel and chop the **shallot** into small pieces.
- Roughly chop the coriander.
- Zest, then cut lime into quarters.
- Halve the baby corn lengthways.



Cook the Corn

- Place a large pan over medium-high heat with a drizzle of oil.
- When hot, add the **baby corn**.
- Season with **salt** and **pepper**.
- Cook, stirring occasionally, until softened, 4-5 mins.
- Transfer to a plate and set aside.



Fry the Pork

- Add another drizzle of **oil** to the pan, if necessary.
- Add the shallot and lemongrass paste. Cook, stirring, until fragrant, 1-2 mins.
- Add the **pork**. **IMPORTANT**: Wash hands and equipment after handling raw mince.
- Fry, breaking up **pork** into smaller pieces, until cooked through, 4-5 mins. IMPORTANT: Pork is cooked when no longer pink in the middle.



Finishing Touches

- Add the gochujang (use less if you don't like spice) and cook, stirring often, until the pork is browned, 2-3 mins.
- Stir in lime zest, ketjap manis, baby corn and 75ml water (double for 4p).
- Cook until **baby corn** is warmed through, 1 min.
- Remove from the heat and stir through the honey.
 Add a splash of water if you feel the sauce is too thick.
- Add the drained **noodles** to the sauce and toss to coat.



Divide and Serve

- Divide your fragrant pork noodles between plates.
- Squeeze over a little lime juice to taste and serve remaining lime wedges on the side.
- Finish with a sprinkling of **coriander**.

Enjoy!