

Potato Topped Beef Curry with fresh chilli and creme fraiche

15-20 mins



2

#### Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

# Cooking tools you will need

Baking sheet with baking paper, sieve

#### Ingredients

	2P	4P
Beef Mince	250 g	500 g
Potatoes	3 units	6 units
Chilli	1 unit	2 units
Lentils	1 pack	2 packs
Carrot	1 unit	2 units
Korma Curry Paste	1 sachet	2 sachets
Passata	1 pack	2 packs
Creme Fraiche	65 g	110 g
Curry Powder	1 sachet	2 sachets
Beef Stock	1 sachet	2 sachets

#### Nutrition

	Per serving	Per 100g
for uncooked ingredients	869 g	100 g
Energy (kJ/kcal)	4196.6 kJ/ 1003 kcal	482.9 kJ/ 115.4 kcal
Fat (g)	38 g	4.4 g
Sat. Fat (g)	15.8 g	1.8 g
Carbohydrate (g)	107 g	12.3 g
Sugars (g)	36.4 g	4.2 g
Protein (g)	48.8 g	5.6 g
Salt (g)	7.8 g	0.9 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

### Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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#### Prep the Veq

- Preheat your oven to 240°C/220°C fan/gas mark 9.
- · Chop the potatoes into 2cm chunks (no need to peel).
- Trim the **carrot** (unpeeled), quarter lengthways then chop into 1cm chunks.
- Halve the chilli lengthways, deseed then thinly slice widthways.
- Drain and rinse lentils in a sieve.



#### **Roast the Potatoes**

- Pop the **potatoes** onto a lined baking tray.
- Drizzle with oil and season with curry powder, salt and **pepper**.
- Toss to coat then spread out in a single layer.
- Roast the **potatoes** on the top shelf of your oven until golden and crispy, 25-35 mins. Turn halfway through cooking.
- TIP: Use two baking trays if necessary.



# **Cook the Mince**

- Meanwhile, place a large pan over medium-high heat (without oil).
- Once hot, add the **beef mince** and season with **salt** and pepper.
- Fry until browned, 4-5 mins. Break it up with a spoon as it cooks. **IMPORTANT**: Wash hands and equipment after handling raw meat. Mince is cooked when no longer pink in the middle.



#### Start the Curry

- Add the chopped **carrot** to the pan and fry until softened, 3-4 mins.
- Add korma paste and chilli (use less if you don't like spice).
- Stir together and cook until fragrant, 1 min.



## Simmer the Sauce

- Add passata, lentils, stock powder, 200ml water and ½ tsp **sugar** (double both for 4p) to the pan.
- Stir together and bring to the boil.
- Lower the heat and simmer until the curry has reduced, 15-20 mins.
- Once the curry is cooked, season to taste with salt and pepper.

TIP: Add a splash of water if you feel the sauce needs loosenina.



#### **Finish and Serve**

- Divide the **beef** curry between bowls.
- · Scatter the curried roast potatoes on top.
- Spoon over a dollop of cooling creme fraiche.
- Garnish to taste with any remaining chilli.

**Enjoy!** 

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