

Sweet Chilli Glazed Cheese and Spicy Aioli with jewelled couscous

Veggie Quick Cook 20-25 mins · Spicy















Grilling Cheese





Cucumber





Middle Eastern Style Spice Mix











Sweet Chilli Sauce

Pantry Items: Oil, Salt, Pepper, Water, Sugar



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Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Ingredients

	2P	4P
Couscous	100 g	250 g
Vegetable Stock	1 sachet	2 sachets
Grilling Cheese	200 g	400 g
Tomato	2 units	4 units
Cucumber	1 unit	2 units
Lemon	1 unit	2 units
Middle Eastern Style Spice Mix	1 sachet	2 sachets
Harissa Paste	1 sachet	2 sachets
Honey	1 sachet	2 sachets
Aioli	1 sachet	2 sachets
Sweet Chilli Sauce	2 sachets	4 sachets

Nutrition

	Per serving	Per 100g
for uncooked ingredients	503 g	100 g
Energy (kJ/kcal)	3389 kJ/ 810 kcal	673.8 kJ/ 161 kcal
Fat (g)	46.6 g	9.3 g
Sat. Fat (g)	18.2 g	3.6 g
Carbohydrate (g)	64.3 g	12.8 g
Sugars (g)	22.1 g	4.4 g
Protein (g)	35 g	7 g
Salt (g)	5.7 g	1.1 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients.
Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

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Cook the Couscous

- Pop the couscous into a bowl.
- Stir in 200ml boiling water (500ml for 4p) and the vegetable stock powder.
- · Cover with a plate or cling film.
- Leave aside for 10 mins or until ready to serve.



Get Prepped

- Meanwhile, drain the grilling cheese then cut into 2cm cubes. Add to a bowl of cold water.
- Cut the tomato into 1cm chunks.
- Trim the **cucumber**, then quarter lengthways. Chop widthways into small pieces.
- · Cut the lemon into quarters.



Fry the Cheese

- Remove the **cheese** cubes from the **water** and pat dry with kitchen paper.
- Place a pan over medium-high heat with a drizzle of oil.
- Once hot, fry the **grilling cheese** until golden, turning often, 4-5 mins.
- Add the Middle Eastern spice mix to the pan for the final min of frying time.



Assemble the Salad

- Meanwhile, in a large bowl, combine half the harissa paste, honey, a good squeeze of lemon juice and ½ tsp of sugar (double for 4p).
- Stir the chopped cucumber and tomato into the bowl and toss to coat in the dressing. Season with salt and pepper.
- In a separate small bowl, combine the aioli and remaining harissa paste.



Final Touches

- When the grilling cheese is golden, remove from the heat and add half of the sweet chilli sauce to the pan.
- Turn the cheese to glaze in the sauce.
- Add the couscous to the bowl with the tomatoes and cucumber.
- Toss together.



Serve and Enjoy

- Share the couscous between bowls.
- Top with the glazed grilling cheese.
- Finish by drizzling over the harissa aioli and remaining sweet chilli sauce.
- Serve with any remaining lemon wedges for squeezing over.

Enjoy!