

Cheesy Meatball Sub and Bacon Wedges

with pesto drizzle and balsamic glaze

Street Food 40-45 mins • Eat me first

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Baguette



Beef Mince



Bacon Lardons



Grated Cheese



Breadcrumbs



Passata



Salad Leaves



Balsamic Glaze



Sweet Potato



Green Pesto

Before you start

Our fruit, veg and herbs need a wash before you use them!

We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need

Baking sheet with baking paper

Ingredients

	2P	4P
Baguette	2 units	4 units
Beef Mince	250 g	500 g
Bacon Lardons	100 g	200 g
Grated Cheese	50 g	100 g
Breadcrumbs	1 pack	1 pack
Passata	½ pack	1 pack
Salad Leaves	40 g	80 g
Balsamic Glaze	1 sachet	2 sachets
Sweet Potato	2 units	4 units
Green Pesto	1 sachet	2 sachets

Nutrition

	Per serving	Per 100g
for uncooked ingredients	694 g	100 g
Energy (kJ/kcal)	5154.7 kJ/ 1232 kcal	742.8 kJ/ 177.5 kcal
Fat (g)	51.5 g	7.4 g
Sat. Fat (g)	19.8 g	2.9 g
Carbohydrate (g)	131.9 g	19 g
Sugars (g)	20.9 g	3 g
Protein (g)	59.9 g	8.6 g
Salt (g)	4.6 g	0.7 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

Thumbs up or thumbs down?
Head online or use the app to
rate this recipe.



You can recycle me!



Cook the Wedges

- Preheat the oven to 220°C/200°C fan/gas mark 7.
- Chop **sweet potatoes** into 2cm thick wedges.
- Pop the wedges onto a large (lined) baking tray. Drizzle with **oil** and season with **salt** and **pepper**.
- Toss to coat and spread out in a single layer.
- Roast on the top shelf of the oven until crispy, 25-35 mins. Turn halfway through.

TIP: Use two baking trays if necessary.



Simmer the Sauce

- Meanwhile, cut the **baguettes** through the middle lengthways (don't slice all the way through).
- Once the meatballs are cooked through, pour **half the passata** and ½ tsp **sugar** (double both for 4p) into the pan and toss to coat. **IMPORTANT:** Meatballs are cooked when no longer pink in the middle.
- Cook until the sauce has warmed through, 1-2 mins.



Fry the Bacon

- Meanwhile, place a pan over medium-high heat with a drizzle of **oil**.
- Once hot, fry the **bacon lardons** until golden, stirring occasionally, 5-7 mins. **IMPORTANT:** Wash hands and equipment after handling raw meat. Cook lardons thoroughly.
- Once cooked, remove the pan from the heat and transfer the **lardons** to a plate lined with kitchen paper.

TIP: Give the pan a quick wipe if you like, you'll be using it again!



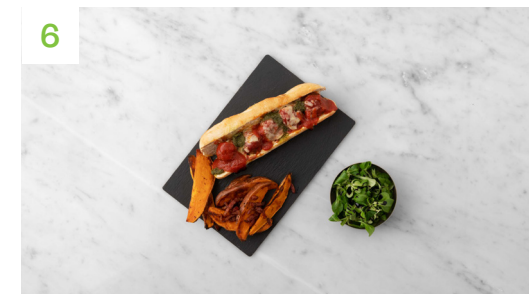
Bake the Baguettes

- Once the sauce has warmed, transfer the **sweet potato** wedges to the middle shelf of the oven.
- Place the **baguettes** on a lined baking tray and divide the meatballs and sauce between them.
- Sprinkle over the **cheese**, then bake on the top shelf of the oven until the **cheese** has melted, 4-5 mins.



Cook the Meatballs

- In a large bowl, combine the **breadcrumbs**, **half the pesto** and the **beef mince**.
- Season with **salt** and **pepper** and mix together with your hands.
- Roll into evenly-sized balls, 5 per person. **IMPORTANT:** Wash hands and equipment after handling raw meat.
- Return the pan to medium-high heat with a drizzle of **oil**.
- Once hot, add the meatballs and fry until browned all over and cooked through, 10-12 mins.



Finish and Serve

- When everything is ready, carefully transfer the **beef** meatball **baguettes** to your plates and spoon over the remaining **pesto**.
- Toss the **bacon** and **sweet potato** wedges together and plate up with **salad leaves** alongside.
- Drizzle the **balsamic glaze** over the salad to finish.

Enjoy!