



Irish Sirloin Steak in Creamy Truffle Sauce

with broccoli and crushed baby potatoes

Premium 35-40 mins

13



21 Day Aged Sirloin Steak



Creme Fraiche



Truffle Oil



Baby Potatoes



Broccoli



Beef Stock

Pantry Items: Water, Oil, Salt, Pepper

Before you start

Our fruit, veg and herbs need a wash before you use them!

We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need

Aluminium foil, baking sheet with baking paper, pan with lid

Ingredients

	2P	4P
21 Day Aged Sirloin Steak	250 g	500 g
Creame Fraiche	125 g	250 g
Truffle Oil	1 pack	2 packs
Baby Potatoes	400 g	800 g
Broccoli	1 unit	1 unit
Beef Stock	1 sachet	2 sachets

Nutrition

	Per serving	Per 100g
for uncooked ingredients	514.5 g	100 g
Energy (kJ/kcal)	2338.9 kJ/ 559 kcal	454.6 kJ/ 108.6 kcal
Fat (g)	29.7 g	5.8 g
Sat. Fat (g)	16 g	3.1 g
Carbohydrate (g)	37.1 g	7.2 g
Sugars (g)	7.5 g	1.5 g
Protein (g)	36.8 g	7.2 g
Salt (g)	1 g	0.2 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

Contact

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1 Roast the Potatoes

- Preheat your oven to 240°C/220°C fan/gas mark 9.
- Halve the **potatoes** lengthways and pop onto a lined baking tray.
- Drizzle with **oil**, season with **salt** and **pepper** then toss to coat. Spread out in a single layer, cut-side down.
- When the oven is hot, roast the **potatoes** on the top shelf until slightly tender, 15-20 mins.

TIP: Use two baking trays if necessary.



4 Cook the Steak

- Return the pan to high heat with a drizzle of **oil**.
- Season the **steaks** with **salt** and **pepper**.
- Once hot, fry the **steaks** until browned. Cook for 1-2 mins on each side for medium-rare.
- Cook for another 1-2 mins on each side if you'd like them more well-done.
- Once cooked, remove from pan, cover with foil and allow to rest. **IMPORTANT:** Wash hands and equipment after handling raw meat and its packaging. Meat is safe to eat when the outside is browned.



2 Fry the Broccoli

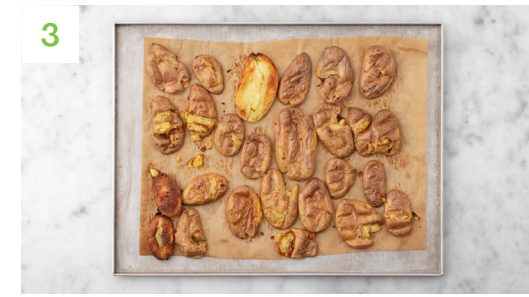
- Trim the tip of the **broccoli**. Cut head into small florets and stem into 2cm pieces.
- Place a pan over medium-high heat with a drizzle of **oil**.
- Once hot, add the **broccoli** to the pan. Season with **salt** and **pepper**.
- Fry until starting to char, 2-3 mins. Add a splash of **water** and cover with a lid or some foil. Cook until tender, 4-5 mins.
- Once cooked, remove from the pan and cover to keep warm. Give the pan a wipe and set aside.



5 Make the Sauce

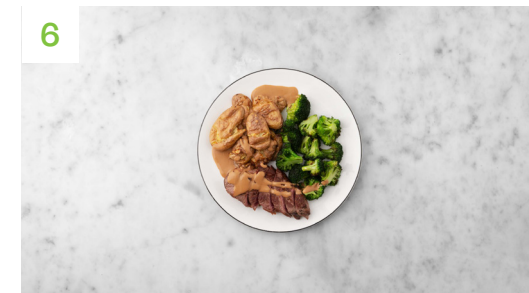
- Return the pan to high heat, adding the **creme fraiche** and **beef stock powder**.
- Cook until thickened, stirring occasionally, 2-3 mins.
- Remove from the heat and stir through the **truffle oil**.

TIP: Add a splash of water to loosen the sauce if required.



3 Crush the Potatoes

- When the **potatoes** have been cooking for 15 mins, remove the tray from the oven.
- Use the bottom of a bowl or pan to gently crush each **potato half**.
- Drizzle the smashed **potatoes** with a little more **oil**.
- Return to the top shelf of the oven to cook until crispy and golden, 10-15 mins more.



6 Finish and Serve

- Thinly slice the **sirloin** and plate up with the creamy truffle sauce drizzled over.
- Serve crushed **potatoes** and tender **broccoli** alongside.

Enjoy!