

# Sweet Heat Chicken Burger and Cheesy Sticks

with crispy golden potato wedges

Street Food 45-50 mins • Eat me first • Spicy







Brioche Buns

Chicken Breas





Apple Cider Vinegar

Honey





Potatoes

**Grilling Cheese** 





Cajun Spice Mix

Sriracha





Aioli

Tomat





Breadcrumbs

Onior



## Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

# Cooking tools you will need

Baking sheet with baking paper, pot with lid

# Ingredients

	2P	4P
Brioche Buns	2 units	4 units
Chicken Breast	320 g	640 g
Apple Cider Vinegar	1 sachet	2 sachets
Honey	1 sachet	2 sachets
Potatoes	3 units	6 units
Grilling Cheese	200 g	400 g
Cajun Spice Mix	1 sachet	2 sachets
Sriracha	2 sachets	4 sachets
Aioli	1 sachet	2 sachets
Tomato	1 unit	2 units
Breadcrumbs	1 pack	1 pack
Onion	1 unit	2 units

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredients	765.5 g	100 g
Energy (kJ/kcal)	5288.6 kJ/ 1264 kcal	690.9 kJ/ 165.1 kcal
Fat (g)	57.1 g	7.5 g
Sat. Fat (g)	21.2 g	2.8 g
Carbohydrate (g)	117.5 g	15.3 g
Sugars (g)	20.3 g	2.7 g
Protein (g)	73 g	9.5 g
Salt (g)	6.2 g	0.8 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

## **Allergens**

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.

#### Contact

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# Make the Wedges

- Preheat the oven to 240°C/220°C fan/gas mark 9.
- Chop the **potatoes** into 2cm wide wedges (peeling optional).
- Pop the wedges onto a large (lined) baking tray.
- Drizzle with **oil**, season with **salt** and **pepper** then toss to coat. Spread out in a single layer.
- When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.

TIP: Use two baking trays if necessary.



## Cook the Chicken

- Drizzle the chicken steaks with oil then season with cajun spice, salt and pepper. Toss to coat.
- Place a large pan over medium-high heat with a drizzle of oil.
- Fry the chicken steaks until golden brown and cooked through, 3-6 mins each side.
   IMPORTANT: Chicken is cooked when no longer pink in the middle.
- Remove from the pan, cover and set aside.

TIP: Cook in batches if your pan is getting overcrowded.



# **Get Prepped**

- Halve, peel and finely chop the onion.
- · Cut the tomato into 2cm cubes.
- Drain the cheese. Halve horizontally then slice into 1cm thick batons. Pop into a bowl of cold water.
- Place your hand on top of the chicken breast.
  Slice through horizontally to make two steaks. IMPORTANT: Wash hands and equipment after handling raw chicken.

TIP: Notice a stronger smell from your chicken? Don't worry, this is normal due to vacuum packing used to keep it fresh.



#### Simmer the Sauce

- Place a pot over medium-high heat with a drizzle of oil.
- Once hot, fry the **onion** until softened, stirring occasionally, 4-5 mins.
- Add the tomato, apple cider vinegar, sriracha, honey and 50ml water (double for 4p).
- · Simmer until thickened, 8-10 mins.
- Once cooked, season to taste with salt and pepper.
  Set aside and cover to keep warm.

TIP: Loosen the sauce with a splash of water if you feel it's become too thick.



## Fry the Cheese

- Remove the cheese from the water and pat dry with kitchen paper.
- In a bowl, beat one egg (double for 4p). To a small plate, add the breadcrumbs.
- Toss the cheese sticks first in the egg, then in the breadcrumbs.
- Return the pan to high heat with enough oil to completely coat the bottom.
- Once hot, carefully lay the breaded cheese into the pan and fry until golden, 3-4 mins. Turn every 1-2 mins, adjusting the heat as needed.



## Finish and Serve

- When everything is almost ready, pop the brioche buns into the oven to warm through, 2-3 mins.
- Once warmed, spread a little aioli over the cut side of each bun.
- Divide chicken steaks between base buns, drizzle over the sweet and spicy sauce then close with top bun.
- Plate the potato wedges and golden fried cheese sticks alongside.
- Use any remaining aioli for dipping.

