

Chorizo and Tomato Linguine

with garlic and Italian cheese

20-25 mins • Eat me first









Chorizo

Cream



Onion

Garli





Passata

Grated Italian Style Hard Cheese





Dried Linguine

Cherry Tomatoes

Before you start

Our fruit, veg and herbs need a wash before you use them! We recommend reading the recipe in full before beginning to cook.

Cooking tools you will need Colander, grater

Ingredients

	2P	4P
Chorizo	100 g	200 g
Cream	125 g	250 g
Onion	1 unit	2 units
Garlic	2 units	4 units
Passata	1 pack	2 packs
Grated Italian Style Hard Cheese	25 g	50 g
Dried Linguine	180 g	360 g
Cherry Tomatoes	125 g	250 g

Nutrition

	Per serving	Per 100g
for uncooked ingredients	442.5 g	100 g
Energy (kJ/kcal)	3761.4 kJ/ 899 kcal	850 kJ/ 203.2 kcal
Fat (g)	42.7 g	9.6 g
Sat. Fat (g)	22.7 g	5.1 g
Carbohydrate (g)	84 g	19 g
Sugars (g)	14.1 g	3.2 g
Protein (g)	31 g	7 g
Salt (g)	2.2 g	0.5 g

Nutrition for uncooked ingredients based on 2 person recipe, excludes Pantry Items.

Allergens

For allergen information please refer to the website or individual ingredient labels.

Please check the ingredients you already have at home to ensure that they are safe for your allergen and dietary needs.

Wash your hands before and after handling ingredients. Wash fruit and vegetables, but not meat. Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in between uses.



Make the Pasta

- Boil a large pot of **salted water** for the **linguine**.
- When boiling, add the linguine then bring back to the boil. Cook until softened, 12 mins.
- Once cooked, drain in a colander and pop back in the pot (off the heat).
- Drizzle with oil and stir through to prevent sticking.

TIP: If you're in a hurry you can boil the water in your kettle.



Finish and Serve

- Toss the linguine through the tomato sauce.
- Divide your pasta between deep plates or bowls.
- Garnish with a sprinkling of cheese.

Enjoy!



Get Prepped

- While the **linguine** cooks, halve, peel and chop the **onion** into small pieces.
- Peel and grate the **garlic** (or use a garlic press).
- Halve the cherry tomatoes.



Simmer the Sauce

- Place a large pan over medium-high heat (no oil).
- Once hot, fry the chorizo until it starts to brown, 3-4 mins.
- Add the onion to the pan with a pinch of salt and pepper. Fry until softened, stirring occasionally, 3-4 mins.
- Add garlic, tomatoes and another pinch of salt. Fry until tomatoes are softened, 6-7 mins.
- Add the passata and half the cream (double for 4p).
 Simmer until thickened, 4-5 mins. Season to taste with salt, pepper and sugar.

Contact

